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A Thousand New Beginnings: Tales Of Solo Female Travel Through Southeast Asia





Synopsis

This is the story of a 26-year-old girl who left her old life with a steady job and boyfriend behind in order to travel through Southeast Asia completely on her own.Over the course of the next year and thousands of miles, hundreds of new beginnings and new friendships, she found that more than traveling the world outside, she traveled the world within. This book is a collection of excerpts from her diary and blog during that time in which she found that traveling alone made all the difference in the world.

Book Information

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Customer Reviews

Kristin's new book is great. I've been following her blog for awhile now and love her writing style. Her travel stories recount the good and the not so good, frustrating and exciting, scary and exhilarating aspects of solo female travel. After reading her stories, I feel more prepared to face similar situations on my own journey. This book brings you through her first year of travels and goes deeper and into more detail than you will find in her blog. Some of the content from the blog is included, but there is tons of new content. If she hadn't included previous content, you wouldn't have the full picture of the year, as she tells it chronologically, in a diary type format. I feel I got to know her more as a person, as she takes you into her more personal stories and thought processes. I've been contemplating my own solo female travel journey, and this book helps to make the thought of taking the leap less scary, and in fact makes me want to push that "buy" button on the plane ticket all the more. I hope Kristin continues to write books about her travels- I would definitely buy. Thank you, Kristin, for being such an inspiration!

I have been following Kristin's adventures for a few years now on her blog so, when her book came out I had to be one of the first people to buy it (Sorry for my late review, Kristin! ;-))Kristin shares her adventures on her first year(ish) on the road; bye bye cubicle, Hello SE Asia! Follow her along as she makes her way around SE Asia and Australia. Some days aren't always a vacation but her glass-half full attitude keeps you going as she navigates the language barriers, unfamiliar waters, wildlife and of course, relationships.You can't help but be inspired to ditch your desk and hit the road after reading "A Thousand New Beginnings", you won't be disappointed!

OK Kristin is not a world class writer, but you know what? that doesn't matter because she writes from the heart and she has an excellent travel adventure to tell us all about. I travel quite a lot myself, and I always kick myself that I don't have the discipline to write a journal about it. Well done Ms. Addis!

Kristin journal's /blogs her 10m of being a solo female traveler with as much wit, descriptiveness and charm as Anthony Bordain. Her photos are beyond gorgeous and I am excited to read her next book whenever she has a new one published.

I would definitely recommend this! This author has a way of highlighting the ups and downs of travel. She emphasizes that its not all photos but meeting people, making connections and the experience. It had me looking up flights to Thailand for sure!

excellent light reading on travelling solo. of good observations. good description of races confirming that each one is is different and is evidence that we are not the same and never will be: life would be is the better for the variations.

I enjoyed this book and would read others like it. I completely identify with Kristin's experiences with the tuk tuk drivers and I am glad she went into that as I thought we alone were targeted. I wish she would start each chapter with the country name even if redundant or at least label the photos. This was written by a blogger, but readers pick up and put down books. She refers often to specific locations but if you have not been there, you need the country name for perspective.

Love this book! Such an easy read, I couldn't put it down. Simple yet descriptive of all the places she travels to, with some substantive reflection here and there. It's nice when travel writers actually explore the "why" of long term travel. Kristin does a good job of considering her real motivation to travel and why that "parallel universe" is so enticing for some. She also sets a good example as a conscious, mindful traveler. She shows respect and appreciation of the different cultures and communities she explores.

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